

Contact:  
Lindsay Orange  
Marketing Supervisor  
Commonwealth Credit Union  
502.564.4775  
lorange@cwcu.org

## **FOR IMMEDIATE RELEASE**

### **Commonwealth Credit Union Named The Healthiest Employer of Kentucky**

**Frankfort, KY (November 15, 2021)**- Commonwealth Credit Union has been recognized as the 2021 #1 Healthiest Employer of Kentucky, an awards program created to honor people-first organizations that prioritize the well-being of their employees. Companies were recognized because of their commitment to workplace wellness and their exceptional health and benefits offerings. Over the past year and a half, several companies have adapted to remote workforces and new policies because of the global pandemic.

"Our Wellness Committee has always been active in encouraging healthy habits for their fellow team members," said Karen Harbin, President/CEO of Commonwealth Credit Union. "This past year, in response to COVID- 19 and the stress of change and staff working from different locations, our Wellness Committee created bi-weekly mental health break video clips that team members could access anywhere. I applaud our team for their awareness and commitment to physical, emotional, and mental health."

To apply for this prestigious designation, Commonwealth Credit Union's Wellness Team completed a 44-page online assessment detailing wellness initiatives for the year. This application requires information from many team members, including the Human Resources department and Wellness Committee members.

Award applicants were evaluated across six key categories: Culture and Leadership, Foundational Components, Strategic Planning, Communication and Marketing, Programming and Interventions, and Reporting and Analytics. Completed assessments were ranked with the proprietary Healthiest Employers® Index. The survey is scored and powered by [Springbuk](#), a health intelligence platform that simplifies data-driven decision-making with an intuitive user experience, predictive modeling, and curated action steps.

By bettering their health, Commonwealth Credit Union is better able to exude their passion to serve and truly help better the lives of their members in the communities they serve!

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Established in 1951, Commonwealth Credit Union currently serves over 110,000 members. Anyone who lives, works, worships, goes to school, or volunteers in one of 25 eligible counties in the Louisville Metro and Bluegrass Regions of Kentucky can bank at Commonwealth Credit Union. Commonwealth Credit Union is the Official Credit Union of the University of Louisville.

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